



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Larissa West**

Has successfully participated & completed the

**5km Run With Dogs Fresh@Wolwe & Waterkloofspruit**

held at Wolvespruit MTB park.

**TIME 00:51:01**

**PACE 12:45/km**

**OVERALL 8 of 30**

**GENDER 2 of 16**

**40 - 49 1 of 5**

23 July 2023, Sun

Date



*BoutTime*

Signature